



SUMMER 2019 LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week 1

July 1

Chicken & Waffles
French Fries
Melon

July 2

Chicken Tacos
Soft Wheat & Corn
Tortillas, Brown Rice,
Corn, Red Beans,
Pineapple

July 3

Chicken Vegetable
Lo Mein
Roasted Broccoli &
Cauliflower
Mandarin Oranges

July 4

Camp Closed
Happy 4th!



July 5

Grilled Cheese
Roasted Carrots &
Cauliflower
Apples

Week 2

July 8

Pancakes
Sausage Links
Tater Tots
Clementines

July 9

Turkey Tacos
Corn Taco Shells
Brown Rice
Black Beans & Corn
Sliced Peaches

July 10

Chicken Nuggets
Brown Rice
Cauliflower
& Carrots
Melon

July 11

Mac & Cheese
Roasted Peas &
Carrots
Applesauce

July 12

Cheese
Quesadillas
Brown Rice
Beans & Corn
Apples

Week 3

July 15

French Toast
Sticks, Cheesy
Eggs, Sausage
Patties, Potatoes
Melon

July 16

Meatball Sub
White Roll
Roasted Broccoli
Clementines

July 17

Chicken Tacos
Soft Wheat & Corn
Tortillas, Brown Rice,
Corn, Red Beans,
Pineapple

July 18

Chicken Vegetable
Lo Mein
Roasted Broccoli
& Cauliflower
Mandarin Oranges

July 19

Baked Ziti
Caesar Salad
Apples

Week 4

July 22

Grilled Cheese
Roasted Carrots &
Cauliflower
Sliced Peaches

July 23

Pancakes
Sausage Links
Tater Tots
Clementines

July 24

Turkey Tacos
Corn Taco Shells
Brown Rice
Black Beans & Corn
Sliced Peaches

July 25

Corn Dogs
Chicken Nuggets
Brown Rice
Cauliflower & Carrots
Sliced Peaches

July 26

Mac & Cheese
Roasted Peas
& Carrots
Apples

Week 5

July 29

Chicken
& Waffles
French Fries
Melon

July 30

Cheese Quesadillas
Brown Rice
Refried Beans
Roasted Corn
Clementines

July 31

Meatball Sub
White Roll
Roasted Broccoli
Clementines
Ice Cream Cones

August 1

Chicken Tacos
Soft Wheat & Corn
Tortillas, Brown Rice,
Roasted Corn, Red
Beans, Pineapple

August 2

Chicken Vegetable
Lo Mein
Roasted Broccoli
& Cauliflower
Apples

Week 6

August 5

Baked Ziti
Caesar Salad
Sliced Peaches

August 6

Grilled Cheese
Roasted Carrots &
Cauliflower
Melon

August 7

Pancakes
Sausage Links
Tater Tots
Clementines
S'Mores

August 8

Turkey Tacos
Corn Taco Shells
Brown Rice
Black Beans & Corn
Sliced Peaches

August 9

Chicken Nuggets
Brown Rice
Cauliflower &
Carrots, Apples

Week 7

August 12

Mac & Cheese
Roasted Peas &
Carrots
Applesauce

August 13

Cheese Quesadillas
Brown Rice
Refried Beans
Roasted Corn
Apples

August 14

French Toast Sticks
Cheesy Eggs
Sausage Patties
Potatoes
Melon

August 15

Meatball Sub
White Roll
Roasted Broccoli
Clementines

August 16

Chicken Tacos
Soft Wheat & Corn
Tortillas, Brown Rice,
Roasted Corn, Red
Beans, Apples

Week 8

August 19

Chicken Vegetable
Lo Mein, Roasted
Broccoli & Cauliflower
Mandarin Oranges

August 20

Baked Ziti
Caesar Salad
Sliced Peaches

August 21

Grilled Cheese
Roasted Carrots
& Cauliflower
Melon

August 22

Turkey Tacos
Corn Taco Shells
Brown Rice
Black Beans & Corn
Pineapple

August 23

Chicken
& Waffles
French Fries
Apples

*Subject to change
*Daily pasta & salad bar
*Daily menu alternatives